



Medical cannabis is an approved therapeutic drug in Canada and Health Canada endorses its use for medical purposes.



# No, it is false

Medical cannabis is NOT an approved therapeutic drug in Canada and Health Canada does NOT endorse its use for medical purposes. The scientific evidence does not establish safety and/or efficacy to the extent required by Food and Drug Regulations.



### Yes, it's FALSE!

Medical cannabis is NOT an approved therapeutic drug in Canada and Health Canada does NOT endorse its use for medical purposes. The scientific evidence does not establish safety and/or efficacy to the extent required by Food and Drug Regulations.

Medical cannabis therapy is covered by OHIP and/or by your personal insurance company





# Yes, it's FALSE!

Medical cannabis in not covered by OHIP or most insurance companies. Out of pocket cost is approximately 150\$ per month.



### No, it is not TRUE!

Medical cannabis in not covered by OHIP or most insurance companies. Out of pocket cost is approximately 150\$ per month.

CBD is non intoxicating. It will not make you feel high. It is usually safe to use during working hours.





# Yes, it's TRUE!

CBD is the non- intoxicating compound found in the cannabis plant. It will not make you feel high, however, it does have other side effects.



### No, it is not FALSE!

CBD is the non- intoxicating compound found in the cannabis plant. It will not make you feel high, however, it does have other side effects.

When starting medical cannabis therapy, it is best to have someone you trust with you.





### Yes, it's TRUE!

In case you experience an adverse event and require medical attention, it is best to have someone you trust with you, when starting medical cannabis therapy.



### No, it is not FALSE!

In case you experience an adverse event and require medical attention, it is best to have someone you trust with you, when starting medical cannabis therapy.



CBD is a chemical compound found in the cannabis plant also known as marijuana. CBD is also known to be the 2nd most major cannabinoid.





### Yes, it's TRUE!

CBD is a chemical compound found in the cannabis plant also known as marijuana and is the 2nd most major cannabinoid



### No, it is not FALSE!

CBD is a chemical compound found in the cannabis plant also known as marijuana and is the 2nd most major cannabinoid

#### THC is short form for Tough Hemp Control





### Yes, it's FALSE!

THC is short form for Delta 9 Tetrahydrocannabinol, the chemical compound found in the cannabis plant.



### No, it is not TRUE!

THC is short form for Delta 9 Tetrahydrocannabinol, the chemical compund found in the cannabis plant.

#### THC can make you feel high or euphoric





### Yes, it's TRUE!

THC is the intoxicating component of the cannabis plant. THC may make you feel high or euphoric. For this reason we use CBD with THC to reduce these side effects.



### No, it is not FALSE!

THC is the intoxicating component of the cannabis plant. THC may make you feel high or euphoric. For this reason we use CBD with THC to reduce these side effects.

CBD and THC are known to cure many diseases



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### Yes, it's FALSE!

CBD and THC are not a cure for any disease state but are used in symptom management.



### No, it is not TRUE!

CBD and THC are not a cure for any disease state but are used in symptom management.

Memory Impairment and problems concentrating may be side effects of medical cannabis therapy.





# Yes, it's TRUE!

One of the most common complaints or side effects is impaired memory, 'brain fog' and problems concentrating.



### No, it is not FALSE!

One of the most common complaints or side effects is impaired memory, 'brain fog' and problems concentrating.

THC can be addicting and you may become tolerant to it, needing to increase the dose.





### Yes, it's TRUE!

1 in 10 people may become addicted to cannabis and may result in Cannabis Use Disorder. Tolerance does happen over a period of time with the need for a higher dose to have the same effect.



### No, it is not FALSE!

1 in 10 people may become addicted to cannabis and may result in Cannabis Use Disorder. Tolerance does happen over a period of time with the need for a higher dose to have the same effect.

It is okay to use alcohol while taking cannabis.





# Yes, it's FALSE!

Alcohol should be avoided if using cannabis products as using these in combination may worsen side effects. Furthermore, combination therapy may increase CNS depression.



# No, it is not TRUE!

Alcohol should be avoided if using cannabis products as using these in combination may worsen side effects. Furthermore, combination therapy may increase CNS depression.

#### It is best to take my medical cannabis with food.





## Yes, it's TRUE!

It is best to take your medical cannabis with food as it is lipid binding and will absorb better.



### No, it is not FALSE!

It is best to take your medical cannabis with food as it is lipid binding and will absorb better.

#### Number 13

#### Our bodies produce chemicals very similar to CBD and THC



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# Yes, it's TRUE!

Humans also make chemical compounds called cannabinoids. Human cannabinoids are known as Anandamide and 2-Ag.





## No, it is not FALSE!

Humans also make chemical compounds called cannabinoids. Human cannabinoids are known as Anandamide and 2-Ag.

#### Number 14

Our own body systems and receptors interact directly with the cannabinoids CBD and THC that are found in the cannabis plant





### Yes, it's TRUE!

When we consume cannabis we consume cannabinoids that directly interact with our own receptor sites. CBD increases our Anadamide production and THC mimics 2 - AG. Being aware of this unique interaction is helpful in understanding how cannabis may work for you.



### No, it is not FALSE!

When we consume cannabis we consume cannabinoids that directly interact with our own receptor sites. CBD increases our Anandamide production and THC mimics 2 - AG. Being aware of this unique interaction is helpful in understanding how cannabis may work for you.



#### Number 15

Cannabis is natural so it is 100 percent safe to use



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### Yes, it's FALSE!

Even though people choose to use cannabis, Health Canada does not endorse the use of cannabis for medical purposes. This is one of the biggest risks of taking cannabis; the scientific community doesn't know all the possible risks, side effects or drug to drug interactions.



#### No, it is not TRUE!

Even though people choose to use cannabis, Health Canada does not endorse the use of cannabis for medical purposes. This is one of the biggest risks of taking cannabis; the scientific community doesn't know all the possible risks, side effects or drug to drug interactions.



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